



2018-2019 INTERMEDIATE FALL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Mac & Cheese Grilled Chicken Sandwich Cheeseburgers PBJ Baby Carrots and/or Green Beans Apple and/or Mixed Fruit	Breaded Chicken Sandwich Turkey & Cheese Wrap Walking Taco PBJ Steamed Broccoli and/or Celery w/PB Oranges and/or Peaches	NEW! Fish & Shrimp w/ Onion Rings Chicken & Cheese Quesadilla All American Hot Dog PBJ Cooked Carrots and/or Side Salad Banana and/or Pears	Salisbury Steak w/WG Roll Mexican Pizza Calzone PBJ Broccoli Red Grapes and/or Pineapple	NEW! Cheesy Ham & Rice Cassrole Crunchy Chicken Tenders w/WG Roll Chef's Choice PBJ Sweet Potato Fries and/or Bell Peppers Applesauce and/or Choice of Fruit
French Toast, Sausage Link Sloppy Joes Sandwich Meatball Hoagie PBJ Cooked Broccoli and/or Brussel Sprouts Apple and/or Mixed Fruit	Chili w/ Grilled Cheese Chicken Nachos Supreme Popcorn Chicken w/WG Roll PBJ Refried Beans and/or Side Salad Orange and/or Peaches	NEW! Chicken & Noodles w/WG Roll Cheese Quesadilla Breaded Chicken Sandwich PBJ Mashed Potatoes and/or Baby Carrots Banana and/or Pears	Spicy Chicken Sandwich Baked Pork Sandwich Chicken Taco w/ Chips and Salsa PBJ Green Beans and/or Bell Peppers Red Grapes and/or Pineapple	NEW! Spaghetti w/Meat Sauce & Breadstick Bosco Cheese Stuffed Breadsticks Chef's Choice PBJ Celery w/PB and/or Cooked Carrots Applesauce and/or Choice of Fruit
BC Eagle Burger BBQ Pulled Pork Sandwich Chicken Nuggets PBJ Sweet Potato Fries and/or Baby Carrots Apple and/or Mixed Fruit	Drumsticks w/WG Roll Philly Steak & Cheese Turkey & Cheese Wrap PBJ Cucumbers and/or Cooked Carrots Oranges and/or Peaches	NEW! Wild Mike's Pizza Chicken Alfredo w/WG Brdstk BBQ Pork Rib Sandwich PBJ Corn and/or Celery w/PB Banana and/or Pears	Nachos Ham & Cheese Sandwich Mini Corn Dogs PBJ Cooked Broccoli and/or Baked Beans Red Grapes and/or Pineapple	NEW! Chicken Sliders Pepperoni Pizza Chef's Choice PBJ Bell Peppers and/or Green Beans Applesauce and/or Choice of Fruit

August 2018						
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September 2018						
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November 2018						
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December 2018						
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January 2019						
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February 2019						
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March 2019						
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April 2019						
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May 2019						
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June 2019						
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July 2019						
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27	28	29	30	31		



Make sure you Visit your café on Wednesday's and Friday's for NEW menu items.

Chef's Choice

Lunch Meals consist of 5 components
 Protein, Grain, Fruit, Vegetable, and Milk
 Choice of Non-Fat Milk or Low-Fat Milk
 (White, Strawberry, Vanilla or Chocolate)
 Students must choose at least a fruit and/or vegetable
 and 2 additional components.
 Each entrée consists of grain and protein
 Student Lunch Prices: \$2.90 / Reduced .40¢
 Student Breakfast Prices: \$1.80 / Reduced .30¢
 Adults: \$3.45 lunch and \$2.20 Breakfast



Menu may change without notice.

