



2018-2019 HIGH SCHOOL FALL BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Mandarin Orange Chicken Spicy/Breaded Chicken Sandwich Hot Ham and Cheese Panini Pizza Chef Salad PBJ Steamed Broccoli and/or Fresh Veggies Mixed Friut and/or Fresh Fruits	Beef OR Chicken Soft Taco Popcorn Chicken W/ Rice Turkey and Cheese Sub Chef Salad PBJ Steamed Corn and/or Fresh Veggies Chilled Pears and/or Fresh Fruits	NEW Wild Mike's Pizza NEW Spicy/Breaded Chicken Sandwich Ham Salad on Flat Bread Calzone Chef Salad PBJ Brussel Sprouts and/or Fresh Veggies Chilled Peaches and/or Fresh Fruits	Spaghetti w/Meat Sauce & Breadstick Philly Steak and Cheese Turkey/Ham/Club Sub's Chef Salad PBJ Green Beans and/or Fresh Veggies Chilled Pineapple and/or Fresh Fruits	Breaded Fish Sandwich Pork BBQ Sandwich Bosco Breadsticks Sriracha Chicken Nuggets Chef Salad PBJ Sweet Potato Fries and/or Fresh Veggies Chilled Applesauce and/or Fresh Fruits
General Tso's Chicken Spicy/Breaded Chicken Sandwich Hot Ham and Cheese Panini Pizza Chef Salad PBJ Steamed Broccoli and/or Fresh Veggies Mixed Friut and/or Fresh Fruits	Beef OR Chicken Nacho Popcorn Chicken W/ Rice Turkey and Cheese Sub Chef Salad PBJ Refried Beans and/or Fresh Veggies Chilled Pears and/or Fresh Fruits	NEW Chicken Alfredo w/ Breadstick NEW Spicy/Breaded Chicken Sandwich NEW Ham Salad on Flat Bread Calzone Chef Salad PBJ Green Beans and/or Fresh Veggies Chilled Peaches and/or Fresh Fruits	Breakfast Pizza Biscuit & Gravy Turkey/Ham/Club Sub's Chef Salad PBJ Roasted Potatoes and/or Fresh Veggies Chilled Pineapple and/or Fresh Fruits	Fish and Shrimp Basket Buffalo Chicken Pizza Bosco Breadsticks Sriracha Chicken Nuggets Chef Salad PBJ Sweet Potatoes and/or Fresh Veggies Chilled Applesauce and/or Fresh Fruits
Grilled Cheese w/ Tomato Soup Spicy/Breaded Chicken Sandwich Hot Ham and Cheese Panini Pizza Chef Salad PBJ Steamed Broccoli and/or Fresh Veggies Mixed Friut and/or Fresh Fruits	Beef OR Chicken Walking Taco Popcorn Chicken W/ Rice Turkey and Cheese Sub Chef Salad PBJ Brussel Sprouts and/or Fresh Veggies Chilled Pears and/or Fresh Fruits	NEW BBQ Bacon Burger NEW Spicy/Breaded Chicken Sandwich NEW Cheesy Ham & Rice Casserole Calzone Chef Salad PBJ Baked Beans and/or Fresh Veggies Chilled Peaches and/or Fresh Fruits	Chicken & Noodles w/ Roll Philly Steak and Cheese Turkey/Ham/Club Sub's Chef Salad PBJ Mashed Potatoes/ Green beans or Fresh Veggies Chilled Pineapple and/or Fresh Fruits	BC Chick Fillet Sandwich Sriracha Chicken Nuggets Bosco Breadsticks Pizza Chef Salad PBJ Steamed Carrots and/or Fresh Veggies Chilled Applesauce and/or Fresh Fruits

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ATTENTION: Try our NEW Tuesday and Thursday Grab-&-Go Bar

Make sure you Visit your café on Wednesday for NEW menu items

*The last two weeks are Chef's Choice

Lunch Meals consist of 5 components Protein, Grain, Fruit, Vegetable, and Milk
Choice of Non-Fat Milk or Low-Fat Milk (White, Strawberry, Vanilla or Chocolate)
Students must choose at least a fruit and/or vegetable and 2 additional components.

Each entrée consists of grain and protein
Student Lunch Prices: \$2.90 / Reduced .40¢
Student Breakfast Prices: \$1.80 / Reduced .30¢
Adults: \$3.45 lunch and \$2.20 Breakfast



Updated:5/17/2018

The USDA is an equal opportunity provider and employer.



