



2018-2019 JUNIOR HIGH FALL BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Wrap Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	NEW! Yogurt Parfait Breakfast Pizza Cereal Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Biscuit & Gravy Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	NEW! Breakfast Casserole Breakfast Bun Cereal Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Chef's Choice Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	NEW! Yogurt Parfait Sausage & Egg Bagel Cereal Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Biscuit & Gravy Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	NEW! Scrambled Eggs w/Ham Doughnut Cereal Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Chef's Choice Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk

August 2018						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2018						
S	M	T	W	T	F	S
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23	24	25	26	27	28	29
30						

October 2018						
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28	29	30	31			

November 2018						
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December 2018						
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30	31					

January 2019						
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February 2019						
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March 2019						
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24	25	26	27	28	29	30
31						

April 2019						
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14	15	16	17	18	19	20
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28	29	30				

May 2019						
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19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2019						
S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Make sure you Visit your café
on Tuesdays and Thursday for
NEW menu items

*Chef's Choice

Lunch Meals consist of 5 components
Protein, Grain, Fruit, Vegetable, and Milk
Choice of Non-Fat Milk or Low-Fat Milk
(White, Strawberry, Vanilla or Chocolate)
Students must choose at least a fruit and/or vegetable
and 2 additional components.
Each entrée consists of grain and protein
Student Lunch Prices: \$2.90 / Reduced .40¢
Student Breakfast Prices: \$1.80 / Reduced .30¢
Adults: \$3.45 lunch and \$2.20 Breakfast



Menu may change without notice.

