



## 2018-2019 HIGH SCHOOL FALL BREAKFAST MENU

### GOLD & BLUE LINE

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks Doughnut Muffin & Yogurt Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	<b>\$1.80</b> Blueberry Yogurt Parfait Breakfast Pizza Cereal Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Sausage & Egg Bagel Cereal Muffin & Yogurt Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	<b>\$1.80</b> Breakfast Casserole Pancake Wrap Cereal Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Biscuits & Gravy Cereal Muffin & Yogurt Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit Breakfast Bun Muffin & Yogurt Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	<b>\$1.80</b> Strawberry Yogurt Parfait Breakfast Pizza Cereal Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Bacon & Egg Bagel Cereal Muffin & Yogurt Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	<b>\$1.80</b> Scrambled Eggs w/Ham Apple Bosco Stick Cereal Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Biscuits & Gravy Cereal Muffin & Yogurt Pop-Tart Fresh or Assorted Chilled Fruit 100% Fruit Juice Choice of Milk

August 2018						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2018						
S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2018						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2018						
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25	26	27	28	29	30	

December 2018						
S	M	T	W	T	F	S
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30	31					

January 2019						
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20	21	22	23	24	25	26
27	28	29	30	31		

February 2019						
S	M	T	W	T	F	S
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17	18	19	20	21	22	23
24	25	26	27	28		

March 2019						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2019						
S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2019						
S	M	T	W	T	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2019						
S	M	T	W	T	F	S
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Make sure you Visit your café on Tuesdays and Thursday for NEW menu items

\*The last two weeks are Chef's Choice

Lunch Meals consist of 5 components Protein, Grain, Fruit, Vegetable, and Milk  
Choice of Non-Fat Milk or Low-Fat Milk (White, Strawberry, Vanilla or Chocolate)  
Students must choose at least a fruit and/or vegetable and 2 additional components.  
Each entrée consists of grain and protein  
Student Lunch Prices: \$2.90 / Reduced .40¢  
Student Breakfast Prices: \$1.80 / Reduced .30¢  
Adults: \$3.45 lunch and \$2.20 Breakfast



Menu may change without notice.



Updated: 7/14/2017

The USDA is an equal opportunity provider and employer.