



2017-2018 JUNIOR HIGH FALL BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Wrap Breakfast Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	BC Breakfast Smoothie Breakfast Pizza Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Biscuit & Gravy Breakfast Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	BC Breakfast Smoothie Sausage & Egg Bagel Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Apple Pie Overnight Oats Breakfast Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit Breakfast Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	BC Breakfast Smoothie Bacon & Egg Biscuit Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Cream Cheese Stuffed Mini Bagel Breakfast Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	BC Breakfast Smoothie Pancake & Sausage Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk	Chef's Choice Breakfast Cereal Muffin & Yogurt Pop-Tart Fresh Assorted Chilled Fruit 100% Fruit Juice Choice of Milk

August 2017						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2017						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2018						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2018						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2018						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NO Charging Allowed during the last two weeks of school. Please pack a lunch or make alternative arrangements. Thank you.

***The last two weeks are Chef's Choice**

Lunch Meals consist of 5 components
Protein, Grain, Fruit, Vegetable, and Milk
Choice of Non-Fat Milk or Low-Fat Milk
(White, Strawberry, Vanilla or Chocolate)
Students must choose at least a fruit and/or vegetable
and 2 additional components.
Each entrée consists of grain and protein
Student Lunch Prices: \$2.85 / Reduced .40¢
Student Breakfast Prices: \$1.75 / Reduced .30¢
Adults: \$3.45 lunch and \$2.20 Breakfast

